

Paul Mitchell Gym

| Time: | Monday | Tuesday | Wednesday | Thursday | Friday | Notes: |
|-------------|----------------------|-----------------------------|-----------------------------|-----------------------|--------|--|
| 3:45-5 | Tyro B (Sarnelli) | Cheer | Rookie A (Nebel) | Cheer | Cheer | |
| 5-6:15 | Rookie B (Price) | Debs B (Delduca) | Bantam B (Nebel/Fusillo) | <u>Biddy</u> Biddy | | |
| 6:15-7:30 | Debs A (Price) | Cadette (Lou/Steve/Mike) | Novice (Mazzella) | SFA-Gelomino | | |
| 7:30 - 8:45 | Tryo A (Smith) | Tyro C (Campanella) | JVG-Mazzella | JBC-Garin | | High School Teams To be added In October |
| 8:45-10 | VGA - Jack | VBC-Conkin | JVA-Wren | VBA-Damon | | |
| 10-11:00 | HS | HS | HS | HS | | |